

Sukh Initiative participates in the fifth International Conference on Family Planning (ICFP), Rwanda

Sukh Initiative participated in the fifth International Conference on Family Planning (ICFP) held in Kigali, Rwanda, from November 12 to 15, 2018. The ICFP serves as a strategic inflection point for the family planning and reproductive health community worldwide. It provides an opportunity for political leaders, scientists, researchers, policymakers, advocates, and youth to disseminate knowledge, celebrate successes, and identify next steps toward reaching the goal of enabling an additional 120 million women to access voluntary, quality contraception by 2020.

The Sukh Initiative is Pakistan's first urban family planning project launched in November 2013 with assistance from The Aman Foundation, The Bill and Melinda Gates Foundation and The David and Lucile Packard Foundation. The project goal is to increase prevalence of modern contraceptives by 15 percentage points, from the baseline, in selected one million, underserved peri-urban population of Karachi, Sindh. The project has successfully completed its 5 years of implementation and have demonstrated remarkable results in selected areas of Korangi; Landhi; Bin Qasim; and Malir.

Dignitaries from Pakistan including Dr. Azra Pechuho - Minister of Health and Population Welfare Department of Sindh, Dr. Talib Lashari - Technical Advisor CIP, Dr. Yasmeen Qazi - Senior Country Advisor of the David and Lucile Packard Foundation and other health leaders attended the conference. Dr. Azra Pechuho expressed her delight on best practices shared by Sukh Initiative and also appreciated strong representation of health sector projects from Pakistan. Addressing the audience during a session, Shazina Masud, CEO, Aman Health Care Services (AHCS) shared details about AHCS and Sukh Initiative. She emphasized on collaboration to address global health issues and bridging the gap through such meaningful interactions for health system strengthening.

Dr. Haris Ahmed, Head of Sukh Initiative, shared his experience on the topic of *'Healthy cities now and in the future'* at a panel on urgent need to address urban reproductive health. He also presented on the theme of *'Best practices are influencing policy change for lady health workers for task shifting in Pakistan: A Case study'*. The audience applauded the learnings and best practices shared.

Sukh Initiative team gave four posters and one oral presentation in ICFP 2018. Topics of poster presentations were: 1) Male perception on family planning quality, accessibility and utilization: a content from urban slums of Karachi, Pakistan. 2) MIS based client mapping in family planning program - achieving operational excellence by focusing on high priority FP Clients. 3) Youth Friendly Space (YFS), a creative strategy to promote Sexual and Reproductive Health and Rights (SRHR) education in the context of Pakistan. 4) Community based integrated approach to change the behavior of women regarding family planning use in underserved peri-urban population of three districts of Karachi.

In addition to this, Sukh Initiative also set up a stall to exhibit and disseminate communication material. International health leaders and participants from diverse backgrounds visited the stall and appreciated the endeavor of Sukh Initiative.



Dr. Azra Pechuho, Minister of Health and Population Sindh Visited the stall of Sukh Initiative



Dr. Haris Ahmed, Head of Sukh Initiative, speaking about 'Healthy cities now and in the future' at a panel on urgent need to address urban reproductive health

Additional information about Sukh Initiative:

Sukh Initiative is committed to provide FP related information, counselling, supplies, referrals and quality services to women of reproductive age residing in selected communities. Additionally, project also focuses on youth, to sensitize them on reproductive health and to be a responsible adult. The project is being implemented by a consortium of six national and international organizations and a measurement partner for impact evaluation. Program management Unit, housed at Aman Health Care Services provides the strategic leadership and is the leading coordinating body.

Provincial Government Partners



Project Partners



Connect with us

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